

CHILDRENS SWIM



NO DIVING



NO RUNNING



NO PUSHING



NO SHOUTING



NO DUNKING



NO BOMBING

- Under 8s must be accompanied by an adult
- Non-Swimmers and Spectators are **NOT** allowed the area around the deep end
- Everyone entering the pool grounds must be a member
- No swimmers or spectators are allowed in the equipment sheds
- Please don't distract on-duty volunteers
- Please obey the instructions of the Pool Rescuers at all times
- Long hair must be tied back
- Poor behaviour will **NOT** be tolerated
- Swimmers may jump in from the far end of the deep end (not the sides) provided the Pool Rescuer deems it safe.
- Non-swimmers are not allowed to swim in the deep end
- Accompanying a non-swimmer in the shallow-end: One adult with up to two non-swimming children only. You must have eyes on your child at all times.
- Visiting swimmers must demonstrate they can swim 1 length before being allowed in the Deep End
- Members can bring up to TWO visitors per swimming session. The visitor fee can be paid by cash or card at the desk.
- The Pool Rescuers word is Final

FAMILY SWIM



NO DIVING



NO RUNNING



NO PUSHING



NO SHOUTING



NO DUNKING



NO BOMBING

- Under 8s must be accompanied by an adult
- Non-Swimmers and Spectators are **NOT** allowed the area around the deep end
- Everyone entering the pool grounds must be a member
- No swimmers or spectators are allowed in the equipment sheds
- Please don't distract on-duty volunteers
- Please obey the instructions of the Pool Rescuers at all times
- Long hair must be tied back
- Poor behaviour will **NOT** be tolerated
- Swimmers may jump in from the far end of the deep end (not the sides) provided the Pool Rescuer deems it safe.
- Accompanying a non-swimmer One adult with up to two non-swimming children only. You must have eyes on your child at all times. Non-swimmers must be accompanied in the deep end
- Visiting swimmers must demonstrate they can swim 1 length before being allowed in the Deep End
- Members can bring up to TWO visitors per swimming session. The visitor fee can be paid by cash or card at the desk.
- The Pool Rescuers word is Final

LANES

SWIMMING



NO DIVING



NO RUNNING



NO PUSHING



NO SHOUTING



NO DUNKING



NO BOMBING

- Non-Swimmers and Spectators are **NOT** allowed the area around the deep end
- Everyone entering the pool grounds must be a member
- No swimmers or spectators are allowed in the equipment sheds
- Swimmers may jump in from the far end of the deep end (not the sides) provided the Pool Rescuer deems it safe.
- Visiting swimmers must be able to swim 1 length
- Members can bring up to TWO visitors per swimming session. The visitor fee can be paid by cash or card at the desk.
- Please don't distract on-duty volunteers
- Please obey the instructions of the Pool Rescuers at all times
- Long hair must be tied back
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- The Pool Rescuers word is Final

INSTRUCTED SESSION



NO DIVING



NO RUNNING



NO PUSHING



NO SHOUTING



NO DUNKING



NO BOMBING

- Under 8s must be accompanied by an adult
- Non-Swimmers and Spectators are **NOT** allowed the area around the deep end
- Everyone entering the pool grounds must be a member
- No swimmers or spectators are allowed in the equipment sheds
- Please don't distract on-duty volunteers
- Please obey the instructions of the Pool Rescuers at all times
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